



Mandarin Oriental Spa

It's hard to believe that Miami's Mandarin Oriental is going to be coming up on a decade — as in 10 years. When it first opened, it was certainly the most posh in the zip code, but recently, it's been seeing some competition. So, to stay ahead of the über-luxury hotel game, the Mandarin is getting a little revamp from top to bottom. And if that sounds good, check out the famous spa for a little refresher. The visit starts with the removal of the spa-goer's shoes and the washing of their feet, followed by a presentation of five fragrance options that will be used throughout

the treatment. The visit can then move into one of six private suites overlooking the Biscayne Bay for the ultimate pampering and privacy. Treatments tend to have an Asian influence, like Thai massage or traditional Chinese medicine-inspired signature therapies that promise to both relax and heal. If that doesn't work, take one of the yoga, tai chi or qigong classes offered and call a doctor in the morning.

500 Brickell Key Drive, Miami
305.913.8288 | mandarinoriental.com